

# Laurie Leventhal - Belfer, Ph.D.



4275 Los Palos Avenue ♦ Palo Alto, CA 94306 ♦ Licensed Psychologist ♦ PSY 13235

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## CONSENT FOR PSYCHOLOGICAL SERVICES

I authorize Dr. Laurie Leventhal - Belfer to see my child for psychological evaluation and/or treatment. In authorizing these services I understand that:

1. When evaluating my child, Dr. Leventhal - Belfer will select evaluation tools (such as formal tests, interview or play assessment) in light of referral questions and will inform me of the nature and purpose of the assessment tools to be used. At the end of the evaluation she will meet with me to share the general results of the evaluation and any recommendations about my child's needs for further services. To protect my child's privacy and confidentiality of the standardized tests, she will not share the actual content of my child's responses, but will describe the results in sufficient detail so that I have a good understanding of the assessment.
2. If my child needs psychological treatment, Dr. Leventhal - Belfer will explain the nature of the goals of psychotherapy for my child and the estimated length of the treatment. Dr. Leventhal - Belfer will meet with me at regular intervals to inform me of my child's progress and to discuss ways to support his/her growth at home and at school. To protect my child's privacy, she will not share the actual content of the therapy unless my child has agreed that specific information can be shared or when sharing particular information is necessary for the safety of my child.
3. The information obtained during the course of evaluation and treatment of my child is confidential and will not be shared with others without my consent. The only exception is in the case of a court order or if there is a concern about the safety of my child or others. If it should be necessary to release information in these exceptional circumstances, every effort will be made to discuss the situation with me prior to the release of information.
4. Dr. Leventhal - Belfer will assure to the best of her ability my child's safety in her office. If my child should engage in behaviors dangerous to him/herself or the therapist during a session and cannot stop these behaviors independently, Dr. Leventhal - Belfer may restrain (hold) my child in a safe and non - punitive manner until my child is able to refrain from dangerous behaviors.
5. In the course of evaluation or treatment, young children sometimes seek physical contact with the therapist in the form of hugs, sitting on her lap, or playing out various activities with toy materials. Dr. Leventhal - Belfer will assure that any physical contact is positive and safe.
6. I can contact Dr. Leventhal - Belfer whenever I have questions about my child's behavior.

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Date

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Signature of Parent of Guardian