

The Friends Program Groups (2019-2020)

· Beginning September 9 and September 10, 2019 ·

The Friends Program is a therapeutic group program designed to address the developing needs of children with Asperger's Disorder/High Functioning Autism Spectrum from kindergarten through middle school and their parents. Many of these children initially presented with ADHD, Anxiety, and Depression.



Thriving in the Social World

Our focus is the relational world of kids on the Spectrum by helping them learn how to connect with peers, parents, and teachers and experience skills that are crucial for their ability to thrive in the social world.

Putting Words into Action

Communication activities, group art projects, stories, and games are utilized as a way of exploring, practicing, and understanding feelings and behavior. Key to this is:

- Understanding and integrating perspective taking into the children's social behavior
- Learning to recognize how they feel.
- Understanding how they show their feelings
- Exploring how others interpret their feelings
- How they interpret the feelings of others - e.g. the social circle and empathy

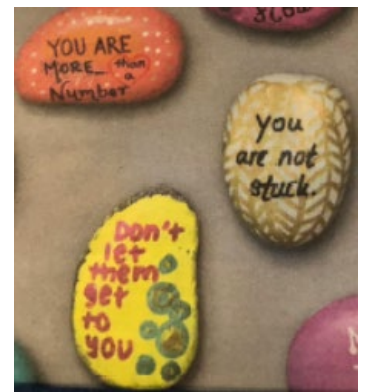
Groups

The **K—2nd Grade Group**
(Mondays from 4:45 - 6:00 pm)

The **3rd—5th Grade Group**
(Tuesdays from 4:00 - 5:30 pm)

The **Middle School Group**
(6th—8th Grade)
(Tuesdays from 6:15 - 7:30 pm)

| Character Emotions Chart | | | |
|--------------------------|-----------|-----------|------------|
| angry | bored | confident | confused |
| disappointed | guilty | happy | hurt |
| interested | jealous | nervous | sad |
| scared | satisfied | surprised | thoughtful |



Cost: The 75-minute groups are \$165 per session for the child and parent(s).
The 90-minute group is \$200 per session for the child and parent(s).

To sign up for the Friends Program, visit
<https://www.drleventhalbelfer.com/intake-forms.html>.

Download & complete [the Friends Program Consent Form](#).
If you are a new client, please also fill out [the Children's Intake Form](#).

For questions, contact Dr. Laurie Leventhal-Belfer
at dr.laurielb@gmail.com or 650-322-4431.