

The Friends Program Middle School Group



- Does your child prefer playing on the computer than being with peers?
- Has your child been bullied by peers?
- Does your child have a hard time leaving home to go to a friend's house?
- Would your child prefer doing a project alone than with others?

The **Friends Program Middle School Group** is a therapeutic group for kids entering 6th – 8th grade. The group focuses on social communication, play, emotional regulation, communication with peers, and sensory issues. We use art, building, games, and outdoor activities to help the students develop more adaptive ways of socializing with their peers and coping with daily stresses.



A parent group meets at the same time as the middle school group where the parents and the group therapist discuss issues that they experience as parents. A parent must accompany his or her child to each session.

The Nuts and Bolts

- The group will meet on Mondays from 6:30 – 7:45 pm.
- The cost is \$150 per weekly session, which includes both the Middle Schoolers and parents' groups.
- The groups will meet in Dr. Laurie's office at 4275 Los Palos Ave, Palo Alto, CA 94306.

Staff

Shweta Ghosh & Taylor Stephens have both had experience in The Friends Program in addition to other clinical settings.

Alice Locke Chezar, MFT, ATR is the program's consultant.

Laurie Leventhal-Belfer, PhD (Dr. Laurie) runs the parents' group and directs the Friends Program.

To Learn More

If you're interested, please contact Dr. Laurie Leventhal-Belfer at 650-322-4431 or Dr.Laurielb@gmail.com. For additional information about the Friends Program, see: <http://www.drleventhalbelfer.com>.